



2025

ANNUAL REPORT



REPRODUCTIVE RIGHTS ADVOCACY ALLIANCE MALAYSIA (RRAAM)

CONTENTS



ABOUT US & OUR OBJECTIVES	1
MEET THE BOARD	2
ENGAGEMENTS IN 2025	3
EVENT SNAPSHOTS	4
2021-2023 HOTLINE RESEARCH	15
NEWS ARTICLES	17
SOCIAL MEDIA PLATFORMS	18
RRAAM HOTLINE TEAM	21
2025 HOTLINE OVERVIEW	22
2025 HOTLINE STATISTICS	23
SUPPORT OUR WORK	26





ABOUT US

RRAAM was formed on 2 February 2007 by a collective of 12 organisations and individuals, as an effort to increase and improve access to sexual and reproductive health and rights (SRHR). We believe that women have the right to access legal, safe and affordable contraceptive and abortion services, both as women's reproductive right to decide on reproductive matters and as the right to health.

RRAAM functions as a grassroots operation throughout Malaysia, working directly with communities to encourage women and girls to have greater bodily autonomy. Our network of activists and doctors work to provide women friendly services and to ensure greater access to affordable care for women, whilst continuing to advocate for better, more inclusive and comprehensive health policy by maintaining a direct, and active, line of communication with the Ministry of Health and the Malaysian Medical Association.

OUR OBJECTIVES

- ✦ Maintain an effective multi-disciplinary alliance on abortion advocacy issues which is able to impact law, policy and services and women's better access to abortion and contraceptive services.
- ✦ Produce and communicate new influential evidence on the need for better access to quality, affordable and gender-sensitive abortion and contraceptive services.
- ✦ Educate women, youth, the public, NGOs, reproductive health service providers and the media accurately on the legality, availability and rights to abortion and contraception so that there is an increased public demand for and better access to legal, quality abortion and contraceptives services.
- ✦ Advocate for the better education and training of doctors, including expansion of the curriculum, and a more liberal position on abortion in the Malaysian Medical Council, the Ministry of Health and government hospitals.



MEET THE BOARD

2024 - 2026 EXECUTIVE BOARD



FARA ROM

PRESIDENT



ANDREA KOH

VICE PRESIDENT



SHOBA AIYAR

SECRETARY



SUBATRA JAYARAJ

TREASURER



HEMA DARSHINI

EXCO MEMBER



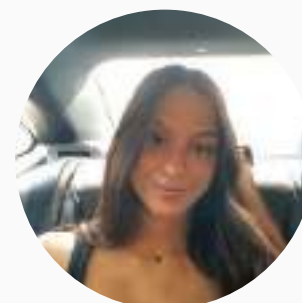
NURAMALINA
BINTI MAT YUSOFF

EXCO MEMBER



JULIANA OOI

EXCO MEMBER



YUNISHAA LOGA

COORDINATOR

CONTACT US

PERSATUAN HAK KESIHATAN WANITA
ROS: PPM-001-14-16102017

Postal Address		1 & 2, Jalan Scott, Brickfields, 50470 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
RRAAM Hotline		WhatsApp message at +6018 368 7950
Email Address		rraamalaysia@gmail.com
Website		www.rraam.org
Social Media		@RRAAMalaysia



ENGAGEMENTS IN 2025

From 1 Jan 2024 - 31 Dec 2024, RRAAM has organised, co-organised and attended nearly **70 events**, including workshops, talks and meetings.



38 Participation in Workshops, Forums, Events, Trainings & Campaigns



10 Interviews, News, Publications & Statements



7 Workshops & Events Organised By RRAAM



12 Talks, Meetings, Panels and Webinars Attended & Held



4 Clinic Visits



EVENT SNAPSHOTS

JAN 2025 – DEC 2025

21 – 23 Feb 25

ASAP 2025 Academy Convening, Bangkok, Thailand

We presented our work with the RRAAM Hotline and conducted a mini demonstration on Manual Vacuum Aspiration (MVA).

1 May 25

Labour Day Panel: Unseen, Unpaid, Undervalued

An interactive panel discussion unpacking the often overlooked, unpaid, and undervalued realities of sexual and reproductive labour.

12 – 13 Apr 25

CREATE Contraceptive Workshop, Kuala Lumpur

Held in Kuala Lumpur in collaboration with Jabatan Obstetrik & Ginekologi Hospital Ampang.

2 – 4 May 25

ASAP – RRAAM Youth Advocacy Institute (YAI)

A 2-day SRHR workshop for young activists in Malaysia in collaboration with Asia Safe Abortion Partnership.

26 – 27 Jul 25

CREATE Contraceptive Workshop, Sabah

Our 2-day contraceptive workshop for healthcare professionals was held in Kota Kinabalu, Sabah. We hosted a total of 60 participants.

28 Sept 25

Just Stories: Stories of my Body, Storytelling Event

In collaboration with Jasmine Rajah (@JasExplains), and building on our 2019 #GugurkanStigma campaign, we held a storytelling event where speakers shared personal stories about their bodies.

16 Aug 25

RRAAM Hotline Para-counsellor Workshop

Conducted our third introductory workshop on the role of a para-counsellor for the RRAAM hotline, expanding our hotline team to 13.

13 Dec 25

CRPD & Disability Advocacy Training with SIUMAN

Designed by Hasbee, a disabled disability advocate, this workshop will help participants strengthen their advocacy and allyship.



BORAK REPRODUKTIF WITH DEMOKRATIK UK

5 JAN 25

A casual, intimate dialogue brought together Malaysian students based in the UK for an open, participatory discussion on Sexual and Reproductive Health and Rights (SRHR).

Moderated by RRAAM President, Fara Rom, the conversation explored the current state of SRHR literacy, services, and policies in Malaysia. Key topics included the neglect of SRHR education, the impact of Malaysian laws on SRHR, the influence of cultural and religious norms, and potential steps for improvement. Participants also shared their hopes for the future of SRHR education and women's health in Malaysia.

Organised by Demokratik UK - A UK based political collective for progressive Malaysian students who advocate for causes close to home and abroad.



ASAP ACADEMY CONVENING 2025, BANGKOK, THAILAND

21 - 23 Feb 25

Our coordinator received a scholarship to attend the 3-day ASAP Academy Convening in Bangkok, Thailand, where we presented on safe abortion issues in Malaysia and the RRAAM Hotline, as well as conducted a mini demonstration on Manual Vacuum Aspiration (MVA).

From deep discussions on abortion access to strategising ways to push for change, every moment was a reminder of why our work matters.



CREATE CONTRACEPTIVE WORKSHOP, KUALA LUMPUR

12 - 13 APR 25

The RRAAM-OGSM CREATE Workshop Kuala Lumpur: Practical and Hands-On Sessions for Hormonal Implant and Intra-Uterine Contraceptive Device (IUCD) Procedures was held in Hospital Ampang. The workshop, conducted in collaboration with the Obstetrical & Gynaecological Society of Malaysia (OGSM) and Jabatan Obstetrik & Ginekologi Hospital Ampang, featured five speakers: Dr. John Teo, Dr. Subatra Jayaraj, Dr. Geetha Thambyraja, Dr. Lavitha Sivapatham, and Dr. Emily D'Silva.

This hands-on training was designed for medical doctors, practitioners, medical students, nurses, and other healthcare professionals, equipping them with practical skills in contraceptive procedures. Participants engaged in interactive sessions, gaining valuable insights and techniques from experienced professionals in the field.



UNSEEN, UNPAID, UNDERVALUED: THE TRUTH ABOUT SEXUAL AND REPRODUCTIVE LABOUR

1 MAY 25

This panel was organised in conjunction with Labour Day and centres on the theme of "The Truth About Sexual and Reproductive Labour", with a focus on amplifying the often-overlooked labour and lived realities of women and gender-diverse communities in Malaysia.

From the domestic sphere to the margins of the informal economy, this panel explored how care work, sex work, and reproductive labour are deeply political and how societal structures continue to undervalue, exploit, or criminalise these forms of work.

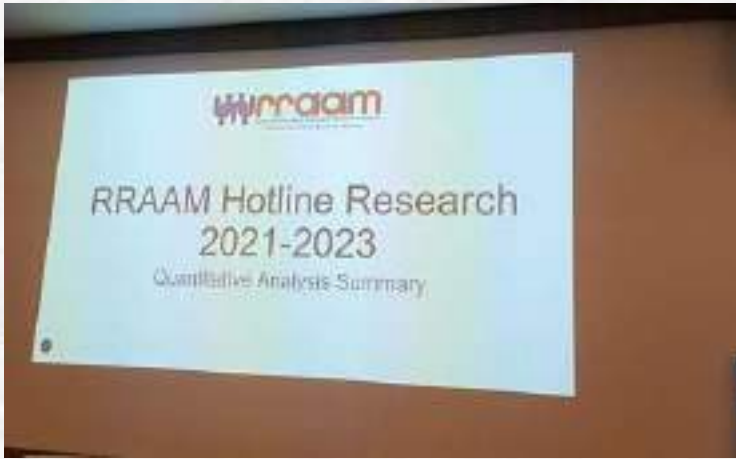


ASAP - RRAAM YAI YOUTH ADVOCACY INSTITUTE 2025

2-4 MAY 25

The workshop was held from 2nd to 4th May 2025 in Kuala Lumpur, and we hosted 28 participants. It was a three-day workshop to identify, train, and support youth advocates in sexual and reproductive health and rights (SRHR) understanding and activism in the country and region. This workshop was coordinated by RRAAM and Asia Safe Abortion Partnership (ASAP).

The workshop was divided into three days. On Day 1, the participants engaged in unpacking systems of power, learning about influences in SRHR dynamics and advocacy and participatory activities to explore their understanding of human rights, abortion and other topics related to SRHR. During Day 2, the participants delved deeper into the 'technical' side of SRHR, learning about anatomies of the reproductive systems, laws surrounding abortion and discussions on crime and punishment. On the final day, the workshop closes with an exploration about internet politics and hands-on exercises for participants to practice and creatively explore how they would like to advocate for SRHR.



2ND WOMEN'S HEALTH SYMPOSIUM BY MONASH UNIVERSITY MALAYSIA

14 JUL 25

A finalised draft of our hotline research - *On the Line: Insights from a Mixed-Methods Study of the RRAAM Hotline (2021–2023)*, was presented at the 2nd Women's Health Symposium hosted by Monash University Malaysia. The presentation was delivered by our member and researcher, Fatimah, who contributed directly to the study.

The research analyses 5,321 user interactions from 2021 to 2023, identifying structural, financial, and social barriers to abortion access. It also evaluates the hotline's role as a trusted, rights-based source of information and support

Read the full paper on our website!
rraam.org/research



CREATE CONTRACEPTIVE WORKSHOP, KOTA KINABALU, SABAH

26-27 JUL 25

Our 2nd CREATE Contraceptive Workshop of 2025! Organised by the Obstetrical and Gynaecological Society of Malaysia (OGSM) and RRAAM.

We made a meaningful stop in Kota Kinabalu, Sabah, and it turned out to be a fantastic decision! The energy and enthusiasm from this engaging batch of participants made the entire trip and effort incredibly worthwhile.

This 2-day workshop featured hands-on training in hormonal implant and intra-uterine contraceptive device (IUCD) procedures, tailored for medical doctors, students, nurses, and healthcare professionals passionate about expanding their skills in contraception. We were thrilled to host 60 dedicated participants, all eager to learn, share, and grow together.



RRAAM HOTLINE PARA-COUNSELLORS WORKSHOP 2025

16 AUG 25

We held our third RRAAM Hotline Para-Counsellor Workshop! Bringing together our amazing team and new faces interested in joining us.

From learning about safe abortion and its legality in Malaysia, to diving into hotline operations, case scenarios, and our research, every session reminded us why this work matters. We also had the chance to hear from partners like Women on Web sharing insights on access and support.

This workshop was all about strengthening our skills, expanding our team, and preparing to support even more communities with accurate, safe, and compassionate information.



JUST STORIES: STORIES OF MY BODY, STORYTELLING EVENT

28 SEPT 25

50 participants came together to listen, share, and hold space for 7 powerful storytellers who spoke with courage, vulnerability, and truth. From resilience and identity to sexuality, health, and joy – the stories reminded us that our bodies carry narratives worth honoring.

Held in conjunction with International Safe Abortion Day 2025, the event builds on the momentum of our 2019 #GugurkanStigma campaign, continuing our commitment to challenging stigma and creating spaces where conversations on abortion and bodily autonomy can be approached with empathy, dignity, and care.



CRPD & DISABILITY ADVOCACY TRAINING WITH SIUMAN

13 DEC 25

Organised in collaboration with SIUMAN, this workshop was designed by Hasbee, a disabled disability advocate, to support participants in becoming stronger allies and advocates for Persons with Disabilities (PWD).

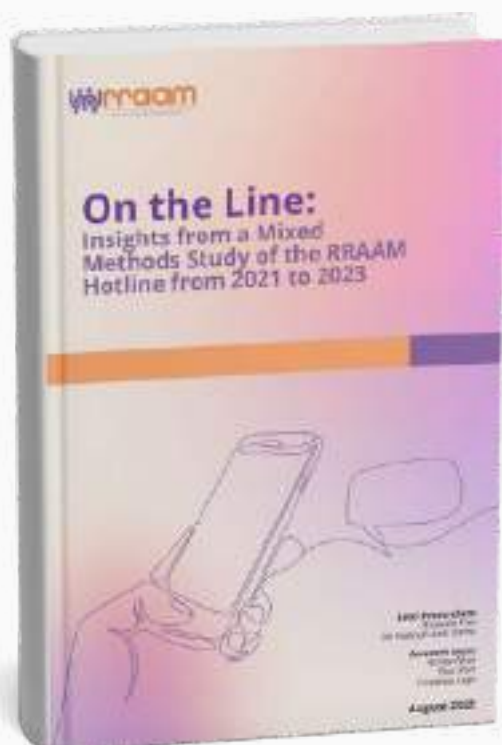
Through a focus on policy engagement, community organising, and personal growth, the session also explored how the Convention on the Rights of Persons with Disabilities (CRPD) shapes disability inclusion and rights.

We were delighted to welcome 24 participants, and it was truly inspiring to witness such strong engagement and thoughtful discussions throughout the session.



RESEARCH

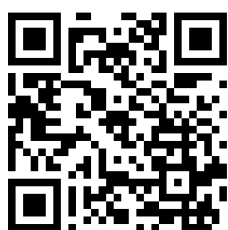
In August 2025, we published a mixed methods study – **On the Line: Insights from a Mixed-Methods Study of the RRAAM Hotline (2021–2023)**



Examining 5,321 user interactions from 2021–2023 to identify structural, financial and social barriers to abortion access and to assess the hotline’s role as a trusted, rights-based source of information and care.

Access remains limited by legal ambiguity, provider reluctance, misinformation and financial barriers. Users frequently encountered misinformation, stigma, and inconsistent care.

The RRAAM Hotline proved a crucial, non-judgemental resource, with an 85.8% increase in users from 2021 to 2022 following capacity expansion, underscoring its growing reach and impact.



Read the full paper on our website!
rraam.org/research



RESEARCH

Key Facts from RRAAM's 2021-2023 Safe Abortion Hotline Report in Malaysia



1 Structural Barriers to Access

Although legally permissible through The Penal Code Section 312, **access to abortion in Malaysia remains impeded by structural barriers**, such as:

- Lack of regulation and information
- Lack of sensitized service providers and service providers outside of urban areas
- De-registration of medical abortion pills

2 Navigating Stigma

Internal and external stigma remains one of the **most significant challenges** for people seeking abortion access and care in Malaysia. The pervasive stigma surrounding abortion calls for stigma-free and non-judgmental avenues for providing abortion services and care.

3 Shifting Demographics

2 out of 5 hotline users already had at least one child. Many cited medical issues, poor pregnancy spacing, and economic constraints as the most common factors in their decision to have an abortion.

Between 2021 and 2023, there was a threefold increase in the number of users aged 35 years and above, from 110 clients in 2021 to 342 clients in 2023.

4 Services Outside of Abortion

Users with minimal knowledge of reproductive processes **sought the hotline out as a source of sexuality education.** For non-abortion related issues, users often enquired about where and how to seek sexual and reproductive healthcare services, such as contraceptive access and STI treatment, with a priority for non-judgmental service providers.

5 The Role of the Hotline and Increasing Its Capacity

The full-time hiring of the RRAAM coordinator in 2022 led to an 86% increase in hotline users. For many users, **the hotline was the first and only source of accurate and non-judgmental information** about safe abortion access that they encountered.

NEWS ARTICLES

JAN 2025 - DEC 2025



Birthing With Dignity: Why Malaysia Must End Obstetric Violence Now — Nadirah Babji

By Nadirah Babji | February 2025

Obstetric violence is a form of gender-based violence that subjects pregnant and birthing individuals to mistreatment, neglect, and abuse in medical settings.



Tolak Stigma, Tuntut Keadilan: Seruan Tindakan Segera Untuk Pendidikan Seksualiti Komprehensif — RRAAM

Ministry recently disclosed the details of the case involving a woman who was sexually abused by her husband. RRAAM calls for comprehensive sexual education to prevent such incidents and ensure justice for victims.

Tolak stigma, tuntut keadilan: Seruan tindakan segera untuk pendidikan seksualiti komprehensif

Wartawan Melayu
18/02/2025 00:41:54 MYT



Podcasts / Client Affairs / Top 5 At 5

Top 5 at 5: Tackling Teen Pregnancy in Malaysia

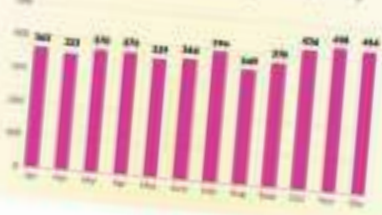
Clients Seeking Abortion, Contraception Services From RRAAM's Hotline Rose By 56.4% In 2024

RRAAM's hotline saw a 56.4% increase in calls for abortion and contraception services in 2024, reflecting a growing demand for reproductive healthcare.

HOTLINE STATISTICS

JAN 2024 - DEC 2024

Figure 1: Total number of clients by month (n= 402)



Betrayal Of Trust Puts Lives At Risk, Says RRAAM After Woman Jailed For Abortion

The government's decision to jail a woman for seeking an abortion is a betrayal of trust that puts lives at risk, says RRAAM. The organization calls for a more transparent and supportive healthcare system.

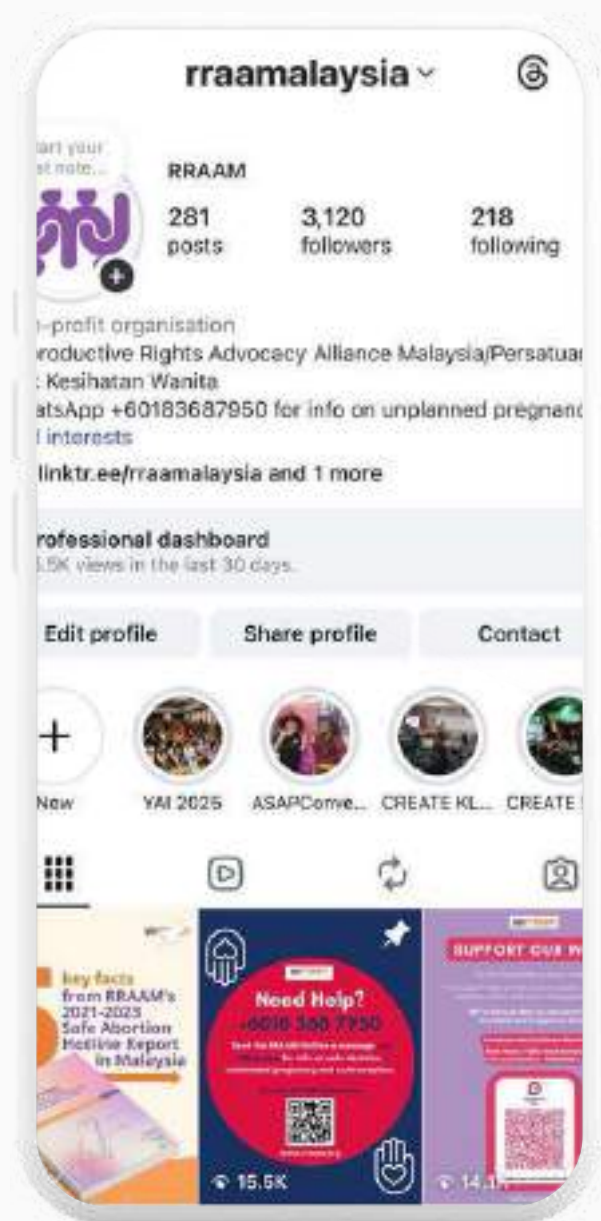




SOCIAL MEDIA PLATFORMS

INSTAGRAM

Statistics based on 1 Jan 2026 – 2 Apr 2026 (last 90 days)



2,214

Profile Activity

Total number of times users visited the RRAAM Instagram profile (last 90 days).

49,094

Account Reached

Total number of times RRAAM's content was seen (last 90 days).

3,124

Total Followers

RRAAM's current number of followers on Instagram. Increased by 500 followers from 2025.

SOCIAL MEDIA PLATFORMS

INSTAGRAM

Post views - Figures are based on the accounts reached in 2025 and 2026





SOCIAL MEDIA PLATFORMS

X (formally known as Twitter)

5,100

Total Followers

RRAAM's current number of followers on X.

500

Average Post Impressions



RRAAM Malaysia
@RRAAMalaysia

...ou to the 60 participants, speakers
...e who made the 2-day CREATE Wo
...inabalu, Sabah a success! We hope
...e had a fulfilling time and we can't w
...next time.

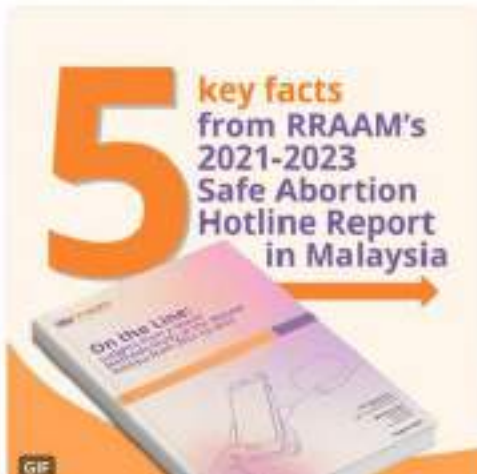


RRAAM Malaysia
@RRAAMalaysia

RRAAM's 2021-2023 Abortion Hotline Report!

From 2021-23, the RRAAM Hotline supported 5,000+ people navigating unintended pregnancies. Our mixed-methods study reveals barriers to abortion access in Malaysia & the vital role of our Hotline.

Full paper: rraam.org/research/



RRAAM Malaysia
@RRAAMalaysia

...t an amazing way to kick off the weekend,
...otline Para-counsellor Workshop!

...explored the situation of abortion in Malays
...ise of abortion pills, and the vital role of a
...-counsellor.

...eful for the passionate people who made
...y so impactful. ❤️





THE RRAAM HOTLINE TEAM

THE WORK WE DO

Our 24-hour safe abortion hotline is powered by a team of trained para-counsellors who provide information on safe, affordable and women-friendly medical and surgical abortion services and contraceptive methods available to you.

WHAT HAPPENS WHEN YOU CONTACT US?

A trained para-counsellor will respond within 24 hours. Offering support tailored to each client’s situation.

We provide clear and factual information on:

- Safe abortion options in Malaysia
- How to access trusted providers
- Contraceptive methods



HOW CAN YOU SUPPORT US?

Our 24-hour hotline is entirely donor-funded. Your support helps us train para-counsellors, maintain our response system, and reach more people in need. **Every contribution ensures that no one has to face an unplanned pregnancy alone.**





HOTLINE OVERVIEW

JAN 2025 - DEC 2025

1,698

Clients with Initial Contact Only

Clients who contacted the hotline but did not proceed to a full consultation.

3,751

Clients with Completed Consultations

Clients who contacted the hotline and completed a full consultation.

5,449

Total Hotline Clients (Jan 2025 - Dec 2025)

Total number of clients who contacted the hotline.

- The hotline received an **average of 450 clients per month**, marking an increase of 70 clients per month from 2024.
- Some clients contacted the hotline more than once; therefore, total contact figures may include repeat interactions.
- As of May 2026, the hotline is supported by a team of 12 trained para-counsellors.





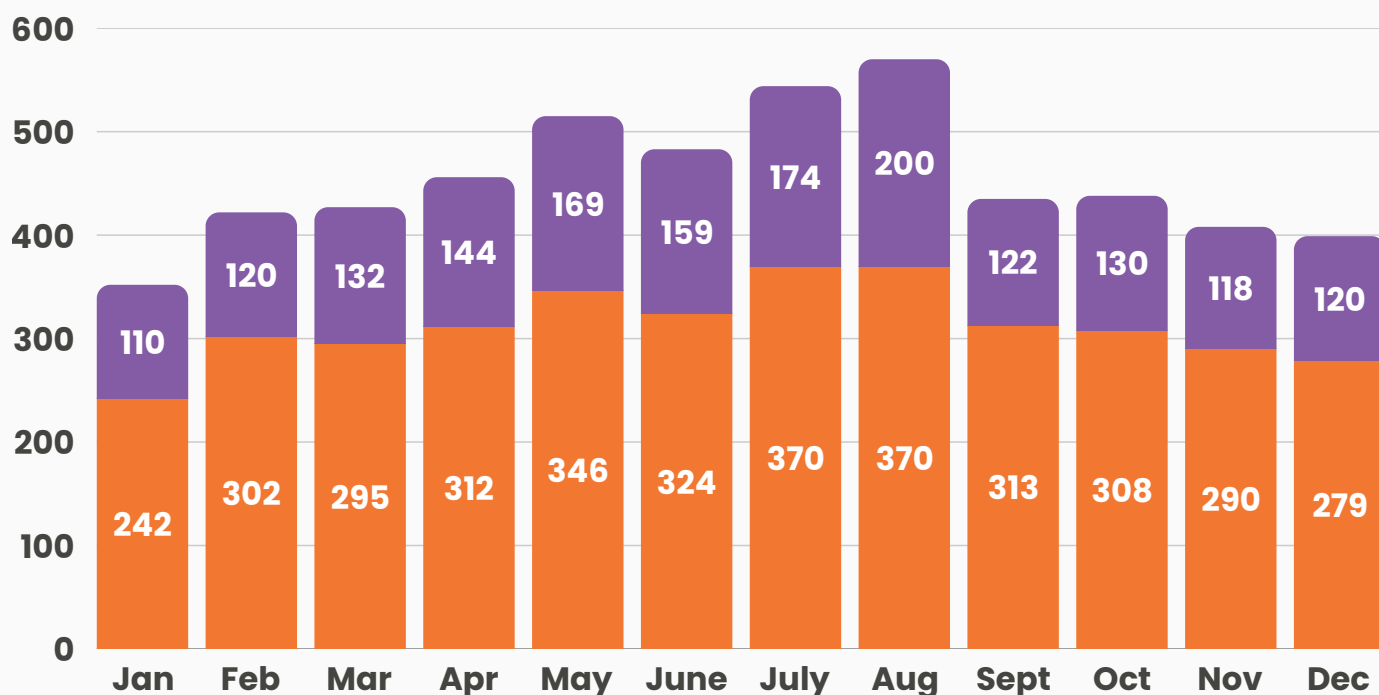
HOTLINE STATISTICS

JAN 2025 - DEC 2025

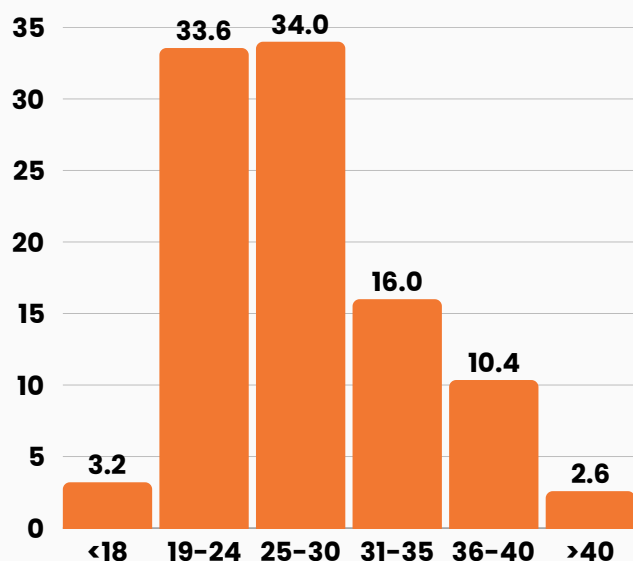
Total Hotline Clients by month (n=5449) Average of 450 clients per month

Total number of clients who contacted the hotline.

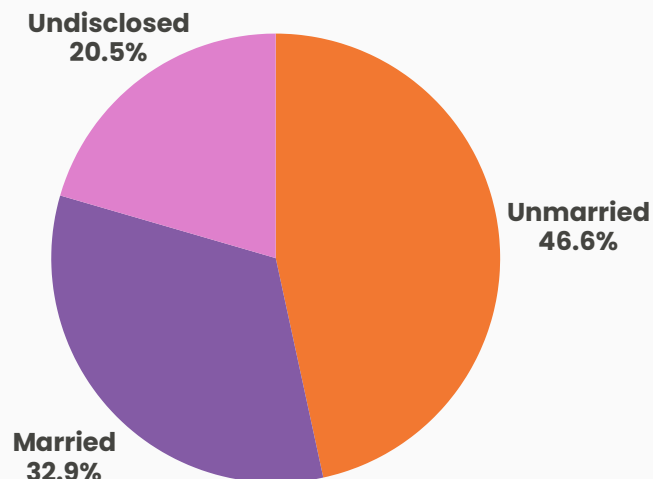
- Clients with completed consultations
- Clients with initial contact only



Age Group (n=3748)



Marital Status (n=3659)

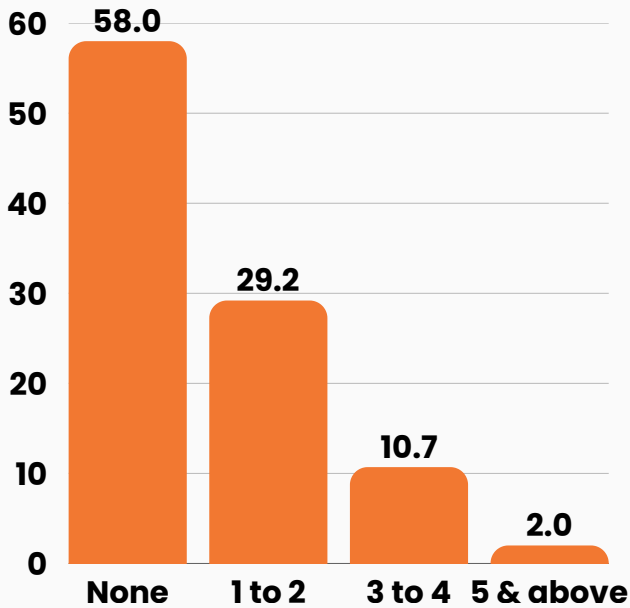




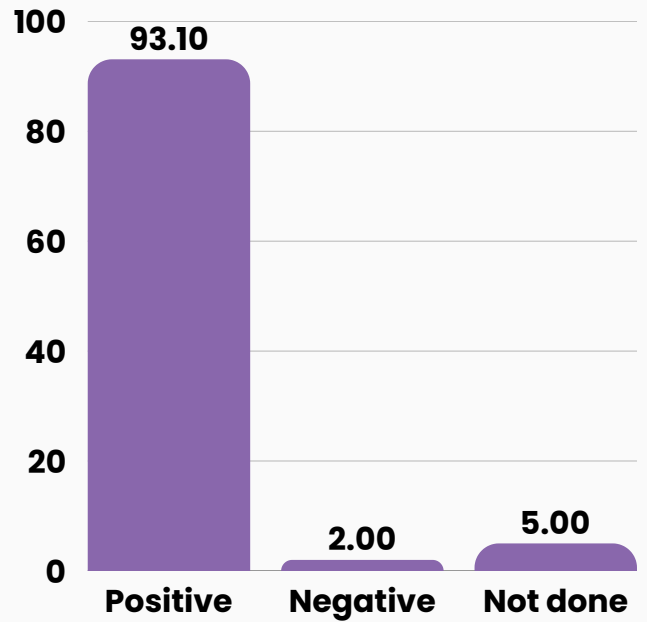
HOTLINE STATISTICS

JAN 2025 - DEC 2025

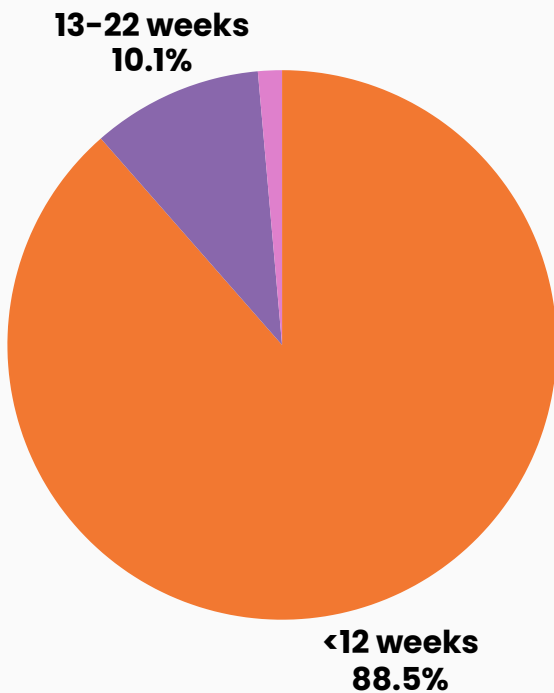
Number of Children (n=2980)



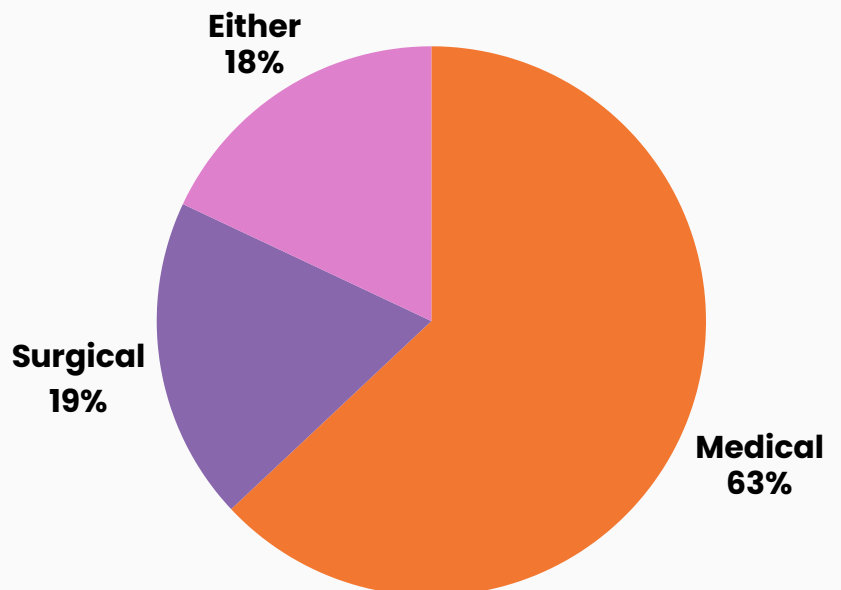
UPT Test Result (n=3721)



Gestational Week (n=3350)



Abortion Preference (n=3875)

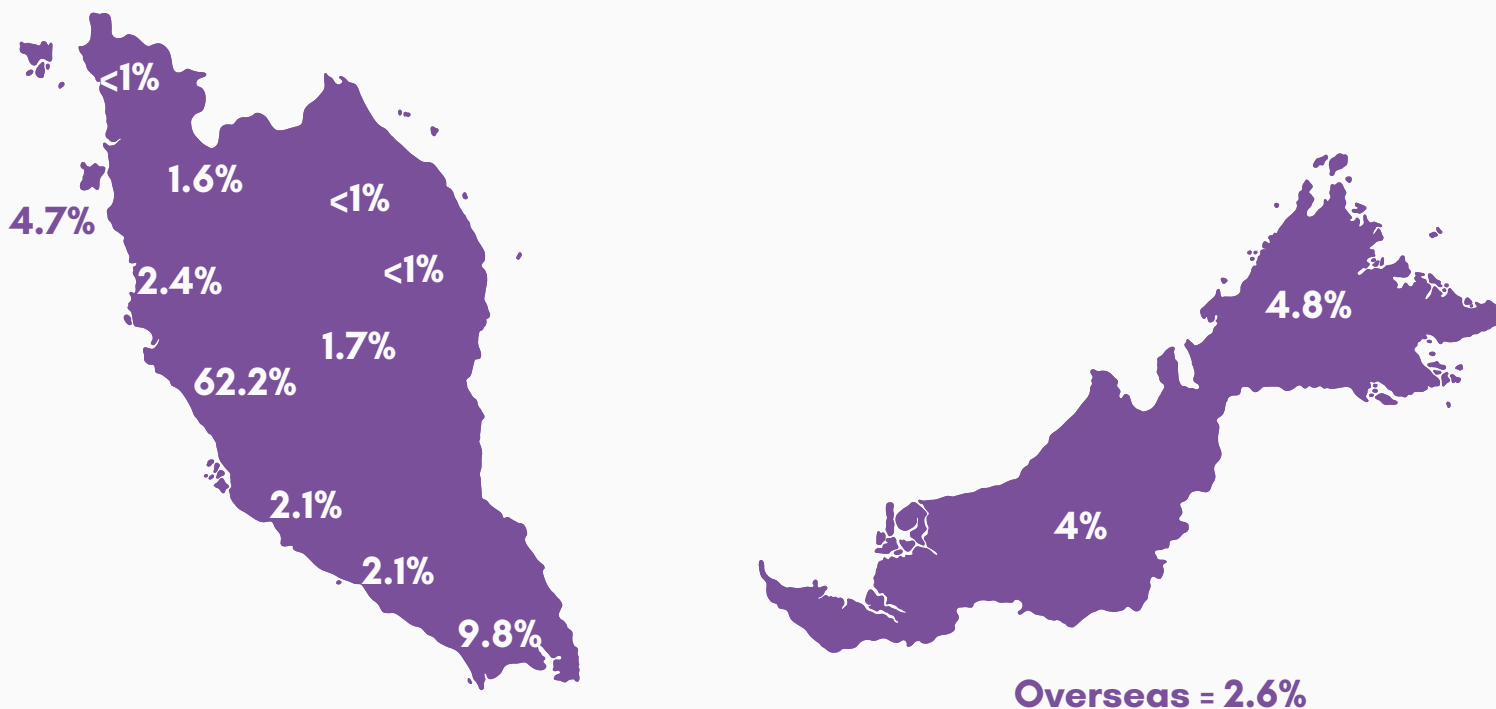




HOTLINE STATISTICS

JAN 2025 – DEC 2025

Client Distribution by State (n=3737)



Perlis	<1%
Kedah	1.6%
Penang	4.7%
Perak	2.4%
Kuala Lumpur & Selangor	62.2%
Kelantan	<1%
Terengganu	<1%
Pahang	1.7%
Negeri Sembilan	2.1%
Melaka	2.1%
Johor	9.8%
Sabah	4.8%
Sarawak	4%



SUPPORT OUR WORK

We are here so that no one has to face an unplanned pregnancy alone.

We believe that women have the right to access legal, safe and affordable contraceptive and abortion services.

Our 24 hour hotline is entirely donor-funded. Your support helps us:

- Train para-counsellors
- Maintain our response system
- Reach more people across Malaysia



Please make any donations through the following bank account:

Account Name: Persatuan Hak Kesihatan Wanita

Bank Name: Public Bank Berhad

Account Number: 3218568624

Thank you for supporting safe access to healthcare for women!





SUPPORTING WOMEN'S RIGHTS TO IMPROVED ABORTION AND CONTRACEPTIVE SERVICES.

RRAAM volunteers play a crucial role by engaging in community outreach, coordinating events, fundraising, and raising awareness about our mission and initiatives.

VOLUNTEER WITH RRAAM

Join us in championing women's rights and health advocacy in Malaysia!

At RRAAM, we are committed to improving access to abortion and contraceptive services for all women. By becoming a volunteer member, you can play a vital role in supporting our mission.

Apply to become a member today at:
rraam.org/membership/

CONTACT US

PERSATUAN HAK KESIHATAN WANITA
ROS: PPM-001-14-16102017

Postal Address		1 & 2, Jalan Scott, Brickfields, 50470 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
RRAAM Hotline		WhatsApp message at +6018 368 7950
Email Address		rraamalaysia@gmail.com
Website		www.rraam.org
Social Media		@RRAAMalaysia



RRAAM IS AN AUTONOMOUS ALLIANCE OF NGOS AND INDIVIDUALS COMMITTED TO PROMOTING REPRODUCTIVE RIGHTS AND SERVICES IN MALAYSIA.

RRAAM MEMBER ORGANISATIONS



All Women's Action Society (AWAM)



Association of Women Lawyers (AWL)



Women's Aid Organisation (WAO)



Sisters In Islam (SIS)



Federation of Reproductive Health Associations, Malaysia (FRHAM)

RRAAM PARTNER ORGANISATION



For Youth Initiative (FYIKL)

RRAAM FUNDERS



Funded through capacity-building workshops and crowdfunding contributions from members of the public.